



Wedding & Conference Centre

082 824 3175

info@delamor.co.za

Subject to change without notice

August 2016						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Roasted Chicken Carrots Oven Baked Broccoli & Cauliflower Greek Salad	2 Cottage Pie Pan Fried Veggies Roasted Sweet Potato	3 Voting Day	4 Tomato Stew Cauli Rice Oven Roasted Pumpkin with sage	5	6
7	8 Lemon Butter Chicken Filletts Cauli Mash Greek Salad	9 Women's Day	10 Beef & Spinach Roll with Pepper sauce Oven Roasted Veggies Cole Slaw	11 Thyme & Lemon Pepper Roasted Chicken Thigh Sweet Potato Mash Baked Zucchini & Tomato	12	13
14	15 Chicken ala King Cauli Rice Oven Roasted Pumpkin with sage	16 Rump Steak with creamy mushroom sauce Grilled Sweet Potato Greek Salad	17 Beef & Chicken Stir fry On Zucchini Noodles	18 Roasted Chicken Cauliflower Bake Green Beans with Tomato & Onion	19	20
21	22 Chicken Breast with bacon bits and mozzarella Cauliflower Cakes Cole Slaw	23 Steak Strips Cauli Mash Oven Roasted Veggies	24 Paprika Chicken Skewers Sweet Potato Mash Broccoli & Bacon Salad	25 Creamy Curry Mince on Pumpkin Spaghetti Greek Salad	26	27
28	29 Beef & Vegetable Curry Cauli Rice	30 Beef & Vegetable Lasagna Greek Salad	31 Creamy Chicken on Carrot Spaghetti			